

# ANSIEREL<sup>®</sup> NIGHT

## What is ANSIEREL NIGHT?

Food supplement containing melatonin and glycine. Melatonin contributes to the reduction in the amount of time required to sleep; the beneficial effect is obtained by taking 1mg of melatonin just before bedtime.

Glycine is a protein amino acid that has multiple functions in the body, including that of neurotransmitter at the level of the central nervous system, with sleep-promoting properties.

ANSIEREL NIGHT helps to fall asleep and to improve sleep quality.

## What does ANSIEREL NIGHT contain?

Glycine, bulking agent: isomalt; sodium hyaluronate, anticaking agent: silicon dioxide; acidity regulator: citric acid; emulsifier: polyoxyethylene sorbitan monooleat; flavour, melatonin, sweetener: sucralose.

Wild berry flavour

## How should I take ANSIEREL NIGHT?



Take one sachet per day in the evening, one hour before bedtime. Pour the powder directly into mouth, under the tongue; water is not necessary.

## What is MEGLYTECH<sup>®</sup> technology?

MEGLYTECH<sup>®</sup> technology promotes the absorption of both melatonin and glycine through the lingual mucosa thanks to a muco-adhesion mechanism promoted by sodium hyaluronate, which forms an adhesive gel in contact with the mucosa. In addition, there are special excipients that make the mucosa more permeable, facilitating the entrance of melatonin and glycine. The absorption through the lingual mucosa avoids the first pass metabolism in the liver of active ingredients, speeding up the onset of sleep.

## Does ANSIEREL NIGHT contain sugar?

No. Sweet taste is given by the presence of glycine and by a minimum amount of sweetener.

## Can ANSIEREL NIGHT be taken in cases of gluten or lactose intolerance?

Yes. The product undergoes specific analysis to ensure the absence of gluten or lactose.

## Which other analyses are performed on the product?

The product undergoes standard controls performed to guarantee its safety and quality.

## Can ANSIEREL NIGHT be taken during pregnancy or breastfeeding?

Since there are no clinical data during pregnancy or breastfeeding, consult your doctor before taking the product.

## Can I take ANSIEREL NIGHT with drugs?

Consult your doctor before taking the product with drugs. Currently, there are no warnings about interactions with other drugs. In case of interactions, please contact us at [info@inpha2000.it](mailto:info@inpha2000.it).

## How should ANSIEREL NIGHT be stored?

Keep out of reach and do not administer to children under three years of age. Store in a cool (below 25°C) and dry place, protected from humidity, heat sources and direct sunlight. The expiration date refers to perfectly preserved and undamaged packages.

## Where can I buy ANSIEREL NIGHT and in what kind of packages is it available?

ANSIEREL NIGHT can be bought in pharmacies without any medical prescription. The box contains 30 soluble oral powder sachets.

## Who sells ANSIEREL NIGHT?

Inpha Duemila S.r.l. - via Cardinal Ferrari, 6 - 22066 Mariano Comense (CO) - ITALY - [www.inpha.it/en](http://www.inpha.it/en).

## Who can I refer to if I want to receive further information about the product?

For further information write to [info@inpha2000.it](mailto:info@inpha2000.it).

