

ANSIEREL®

What is ANSIEREL?

Food supplement containing theanine, γ-aminobutyric acid (GABA), griffonia and valerian extracts, lemon balm essential oil. ANSIEREL contributes to relaxation and mental well-being. Thanks to valerian it is also useful in promoting physiological sleep.

ANSIEREL acts thanks to the synergy of its active ingredients.

Griffonia (*Griffonia simplicifolia* (DC.) Baill.), titrated in 5-hydroxytryptophan (5-HTP) improves mood and contributes to relaxation and mental well-being.

Valerian (*Valeriana officinalis* L.) is well known for promoting physiological sleep and for facilitating relaxation, especially during periods of greatest stress. Valerian is useful in promoting physiological sleep in synergy with griffonia.

Lemon balm (*Melissa officinalis* L.) essential oil fast promotes relax and mental well-being.

What does ANSIEREL contain?

Bulking agents: dicalcium phosphate, cellulose; griffonia (*Griffonia simplicifolia* (DC.) Baill., seeds) d.e. tit. at 50% in 5-HTP, L-theanine, gamma-aminobutyric acid (GABA), valerian (*Valeriana officinalis* L., radix) d.e. tit. at 0.8% in sesquiterpenic acids calculated in valerenic acid, coating agents: hydroxypropyl methyl cellulose, talc, calcium carbonate, glycerol; stabilizer: hydroxypropyl cellulose; anticaking agents: silicon dioxide, magnesium salts of fatty acids; lemon balm (*Melissa officinalis* L., essential oil), colour: E132.



How should I take ANSIEREL?

Take one to two tablets when needed.

Can ANSIEREL be taken in cases of gluten or lactose intolerance?

Yes. The product undergoes specific analysis to ensure the absence of gluten or lactose.

Which other analyses are performed on the product?

Each batch of the product undergoes standard controls performed to guarantee its safety and quality.

Can ANSIEREL be taken during pregnancy or breastfeeding?

Since there are no clinical data during pregnancy or breastfeeding, consult your doctor before taking the product.

Can I take ANSIEREL with other drugs?

Consult your doctor before taking the product with other drugs. Currently, there are no warnings about interactions with other drugs. In case of interactions, please contact us at info@inpha2000.it.

How should ANSIEREL be stored?

For safety reasons keep out of the reach of children under three years of age. Store in a cool (below 25°C) and dry place, protected from humidity, heat sources and direct sunlight. The expiration date refers to perfectly preserved and undamaged packages.

Where can I buy ANSIEREL and in what kind of packages is it available?

ANSIEREL can be bought in pharmacies without any medical prescription. The box contains 30 tablets.

Who sells ANSIEREL?

Inpha Duemila S.r.l. - via Cardinal Ferrari, 6 - 22066 Mariano Comense (CO) - ITALY - www.inpha.it.

Who can I refer to if I want to receive further information about the product?

For further information write to info@inpha2000.it.

